



Spring 2025 Busikids Menu Week 1



	AM Snack	Dinner	Sweet	PM Snack	Tea	Sweet
Monday	Crumpet & Banana Gluten	Fish fingers, potato cubes, peas. (PBA) Gluten, fish, wheat,	Banana & Custard (PBA) Milk	Milk / Dairy free alt	Tricolour fusilli, Mini pork & beef meatballs (PBA) Cheesy potato & carrot sauce. Gluten, wheat,	Fruit
Tuesday	Toast & dairy free spread Gluten, Wheat	Wholewheat spaghetti, hidden veg Bolognese sauce (PBA) Celery, wheat, gluten	Ice cream & ginger biscuit (PBA) (soya) Milk	Milk / Dairy free alt	Chicken nuggets (PBA) Potato waffles & Hidden veg curry sauce. Gluten, wheat celery	Fruit
Wednesday	Oatcakes & cucumber Gluten, Wheat, oat	Roast chicken (PBA) Roast potatoes, vegetables & gravy	Oat cookie Wheat, gluten, oats	Milk / Dairy free alt	Sausages, homemade hidden veg baked beans & crumpets. Gluten, wheat, celery, soya	Fruit
Thursday	Crackers & cream cheese (PBA) Gluten, wheat, milk	Vegetarian cottage pie, topped with mashed potatoes & vegetables Soya celery	Cherry yoghurt. (PBA) Milk	Milk / Dairy free alt	Italian orzo tomato & vegetable soup & garlic bread Gluten, wheat, celery	Fruit
Friday	Breadsticks & apple/pear Gluten, wheat	Oriental chicken (PBA) in hidden vegetable curry sauce, protein noodles Plant based prawn crackers Wheat, gluten celery	Sugar free jelly (PBA)	Milk / Dairy free alt	Mini turkey burger, in wholewheat bun, with cucumber & carrot sticks & homemade ketchup. Wheat, gluten (PBA)	Fruit

Key: (PBA) = Plant based alternative available Green = Fruit and vegetables Yellow = Meat and Meat Substitutes Blue = Dairy Red = carbohydrates, Pulses



Spring 2025 Busikids Menu Week 2

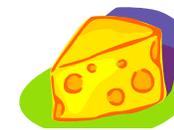


	AM Snack	Dinner	Sweet	PM Snack	Tea	Sweet
Monday	Crumpet & Banana Gluten	Roast chicken (PBA, gluten) Roast potatoes, vegetables & gravy	Ice cream & wafer biscuit (PBA) (soya) Milk, soya	Milk / Dairy free alt	Mild beef & veg chilli, wholewheat wraps cucumber sticks & grated cheese (PBA) Wheat, gluten,soya,celery, milk	Fruit
Tuesday	Toast & dairy free spread Gluten, Wheat	Sausage & mushroom hotpot with celeriac & parsnip mashed potatoes, peas & broccoli. Fish, wheat, gluten	Sugar free jelly (PBA)	Milk / Dairy free alt	Tomato & basil soup, hidden veg wholewheat bread Wheat, gluten, celery	Fruit
Wednesday	Oatcakes & cucumber Gluten, Wheat, oat	Lamb & vegetable tagine (PBA soya) turmeric rice & buckwheat pilaf with peas Celery	Mango & strawberry crumble, custard (PBO) Wheat, oat, gluten, milk	Milk / Dairy free alt	Fish fingers wholemeal bread & spread garden peas, homemade ketchup Fish, wheat, gluten	Fruit
Thursday	Crackers & cream cheese (PBA) Gluten, wheat, milk	Fishcakes roasted potatoes & carrots, garden peas.	Peach melba yoghurt (PBA) Milk	Milk / Dairy free alt	Spinach & pesto pastries, homemade hidden veg baked beans, cheese (PBA) Wheat gluten celery milk	Fruit
Friday	Breadsticks & apple/pear Gluten, wheat	Chicken (PBO) & tomato lasagne, with cauliflower bechamel, broccoli Wheat, gluten celery	Chocolate & beetroot sponge cake, with custard (PBA) Wheat, gluten, milk	Milk / Dairy free alt	Mini beef meatballs, hidden veg marinara sauce, pasta/spaghetti (PBA) Wheat, gluten celery	Fruit

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Spring 2025 Busikids Menu Week 3



	AM Snack	Dinner	Sweet	PM Snack	Tea	Sweet
Monday	Crumpet & Banana Wheat Gluten	Chicken curry with hidden veg turmeric rice & wholewheat roti (PBA) Wheat, gluten, soya	Forest fruits yoghurt/ dairy free alt Milk	Milk / Dairy free alt	Sausages, pasta shapes in homemade tomato sauce, baguette. Wheat, gluten. celery	Fruit
Tuesday	Toast & dairy free spread Gluten, Wheat	Swedish turkey meatballs, wholewheat spaghetti, carrots & green beans. (PBA). Wheat, gluten	Strawberry & courgette cake & custard (PBA) Wheat, gluten, milk, oat	Milk / Dairy free alt	Fishcakes, potato waffles & peas (PBA) Fish, Wheat, gluten,	Fruit
Wednesday	Oatcakes & cucumber Gluten, Wheat, oat	Minced beef & onions pie (PBA) topped with hash browns, vegetable selection.	Bananas & angel delight (PBO) Milk	Milk / Dairy free alt	Chicken nuggets, hidden veg curry sauce. Protein noodles peas (PBA) Wheat, gluten, celery	Fruit
Thursday	Crackers & cream cheese (PBA) Gluten, wheat, milk	Roast chicken (PBA, gluten) Roast potatoes, vegetables & gravy	Coconut cookie Wheat gluten	Milk / Dairy free alt	Pasta, tomato & vegetable sauce, Garlic bread Wheat Gluten celery	Fruit
Friday	Breadsticks & apple/pear Gluten, wheat	Pork sausage & lentil stew (PBA) saffron rice, green beans & roasted carrots Wheat gluten celery soya	Banana & poppyseed bread Wheat, gluten, oat,	Milk / Dairy free alt	Detroit style cheese & tomato pizza. homemade hidden veg baked beans, potato cubes (PBA) Wheat gluten celery milk	Fruit

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